## SAFE Questionnaire I

int Name:	Date:
1. Who primarily	raised you?
☐ Mother and Father ☐ Father ☐ Mother ☐ Mother and Steppare ☐ Father and Steppare ☐ Other:	
Were you separ following reason	rated from either or both of your parents during your childhood for any of the
No separations Parents separated Parents divorced Death of parent(s)	Abandoned by parent(s)  Parent(s) long-term hospitalization Parent(s) in military Parent(s) in prison  Removed from your home by police or social services  Other:
3. How old were y	you when you first moved away from your parent(s) or primary caretaker(s) home?
years of age	☐ I currently live with my parent(s) or primary caretaker(s)
4. What were the or you to return?	circumstances that led you to leave home? Were there circumstances that led
5. Among the child	dren in your family, what is your position?
☐ Only child	☐ Number of children
6. Check the boxes	s that best characterize your childhood relationship with your mother:
☐ No relationship ☐ Abusive ☐ Idolized ☐ Neglectful ☐ Caring	

7. Check the boxe	es that best characterize	your childhood re	elationship witl	h your father:	
☐ No relationship ☐ Abusive ☐ Idolized ☐ Neglectful ☐ Caring ☐ Supportive ☐ Fun	☐ Friendly ☐ Warm ☐ Gentle ☐ Smothering ☐ Demonstrative ☐ Over protective ☐ Respectful	☐ An: ☐ Cor ☐ Dis ☐ Sup	fectionate exious nsistent stant/Uninvolve perficial rained ose	Took care of father Afraid of father Unpredictable Full of conflict Relaxed Loving Other:	
8. If you were no	t primarily raised by you	ur mother and/or :	father, which o	f the following best describes	
	hip with your primary ca		,	Ü	
☐ Not applicable ☐ Abusive ☐ Idolized ☐ Neglectful ☐ Caring ☐ Supportive ☐ Fun	☐ Friendly ☐ Warm ☐ Gentle ☐ Smothering ☐ Demonstrative ☐ Over protective ☐ Respectful	☐ Affectionat ☐ Anxious ☐ Consistent ☐ Distant/Un ☐ Superficial ☐ Strained ☐ Close	involved	Took care of primary caretaker Afraid of primary caretaker Unpredictable Full of conflict Relaxed Loving Other:	er
<b>9.</b> Check the boxe	es that best describe wha	t your childhood	experience was	s like:	
☐ Painful ☐ Happy ☐ Fun ☐ Wonderful ☐ Exciting ☐ Unhappy ☐ Carefree		fusing htening otic ely ure		Traumatic Spoiled Enjoyable Sad Stimulating Difficult to remember Other:	
			. 1	1 1 1 1	
10. Check the box when you were	•	r parents'/primary	y caretakers' re	lationship with each other	
No relationship Divorced Separated Close Happy Fun and playful Distrustful and su	☐ Cold☐ Lovi☐ Viol☐ Fulf☐ Full☐ Dom	ing ent illing of conflict nineering/Submiss	sive	Committed Hostile On again/Off again Supportive Relaxed Affected by alcohol/drug abuse Other:	se
	u rate your parents'/prin	•	•	ge their lives?	
Mother or Primary	Caretaker	Father or Prim	iary Caretaker		
☐ Very good ☐ Good ☐ Fair ☐ Poor ☐ Unknown		☐ Very good ☐ Good ☐ Fair ☐ Poor ☐ Unknown			

Check the boxes that best describe the personal characteristics of your mother or primary caretaker when you were a child:			
Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance Abuser Preoccupied Self-confident	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	<ul> <li>Moody</li> <li>Overly critical</li> <li>Hardworking</li> <li>Flexible</li> <li>Content</li> <li>Serious</li> <li>Compassionate</li> <li>Friendly/Social</li> <li>Warm</li> <li>Supportive</li> <li>Dramatic</li> <li>Irritable</li> </ul>	☐ Easy going ☐ Kind ☐ Self-centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
	that best describe the persor you were a child:	nal characteristics of you	father or other primary
☐ Not applicable ☐ Loving ☐ Perfectionist ☐ Domineering ☐ Isolated ☐ Happy ☐ Optimistic ☐ Calm ☐ Violent ☐ Substance abuser ☐ Preoccupied ☐ Self-confident	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	<ul> <li>Moody</li> <li>Overly critical</li> <li>Hardworking</li> <li>Flexible</li> <li>Content</li> <li>Serious</li> <li>Compassionate</li> <li>Friendly/Social</li> <li>Warm</li> <li>Supportive</li> <li>Dramatic</li> <li>Irritable</li> </ul>	☐ Easy going ☐ Kind ☐ Self-centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
14. Who primarily d	isciplined you during your	childhood?	
Both parents equally  Mother  Father  Stepmother  Stepfather  Older sibling(s)  Other:	√ ☐ Maternal g	grandparent(s) randparent(s) or uncle ent(s) dian(s)	

Check the boxes that best describe the way your parent(s)/primary caretaker(s) disciplined you during your childhood:			
Mother or Primary Ca	retaker	Father or Primary Ca	aretaker
☐ Not applicable ☐ Consistently ☐ Fairly ☐ Strictly ☐ Leniently ☐ Made idle threats ☐ Lectured ☐ Used time outs ☐ Reasoned with me ☐ Spanked ☐ Other:	☐ Praised positive behaviors ☐ Shamed ☐ Grounded ☐ Removed privileges ☐ Logical consequences ☐ Withheld food ☐ Sent me to my room ☐ Ignored misbehaviors ☐ Used physical restraints ☐ Physically punished (other than spanking)	<ul> <li>Not applicable</li> <li>Consistently</li> <li>Fairly</li> <li>Strictly</li> <li>Leniently</li> <li>Made idle threats</li> <li>Lectured</li> <li>Used time outs</li> <li>Reasoned with me</li> <li>Spanked</li> <li>Other:</li> </ul>	☐ Praised positive behaviors ☐ Shamed ☐ Grounded ☐ Removed privileges ☐ Logical consequences ☐ Withheld food ☐ Sent me to my room ☐ Ignored misbehaviors ☐ Used physical restraints ☐ Physically punished (other than spanking)
	Check the boxes that represent the personal values held by your parent(s)/primary caretaker(s):  Mother or Primary Caretaker  Father or Primary Caretaker		
<ul> <li>Not applicable</li> <li>Religious beliefs</li> <li>Compassion</li> <li>Social conscience</li> <li>Strong work ethic</li> <li>Being responsible</li> <li>Freedom of expressi</li> <li>Leading a balanced</li> <li>Being a parent</li> <li>Patriotism</li> <li>Other:</li> </ul>		<ul> <li>Not applicable</li> <li>Religious beliefs</li> <li>Compassion</li> <li>Social conscience</li> <li>Strong work ethic</li> <li>Being responsible</li> <li>Freedom of express</li> <li>Leading a balanced</li> <li>Being a parent</li> <li>Patriotism</li> <li>Other:</li> </ul>	
17. How do your own personal values compare to those of your parent(s)/primary caretaker(s)?			
Basically share the  Share most of their  Share some of their  Do not share any or  Don't know	same values values values	ose or your parent(s)/prii	nary Carcianci(S):

Check the boxes that best describe your parents'/primary caretakers' attitudes about sexuality when you were a child:				
Mother or Primary		Father or Primary Caretaker		
Unknown Open about sexual Comfortable discussed of the condemned of the condemned of the condemned of the conded o	ussing Liberal sexual attitudes Conservative attitudes ex Sexually repressed	1		
19. Check the boxe	es that best describe what you we	re like as a child (pre-teenage years):		
☐ Happy ☐ Temperamental ☐ Stubborn ☐ Unhappy ☐ Aggressive ☐ Fearful	☐ Self-confident ☐ Sad☐ Friendly ☐ Irres			
20. Check the box	es that best describe what you we	re like as a teenager:		
☐ Happy ☐ Temperamental ☐ Stubborn ☐ Unhappy ☐ Aggressive ☐ Fearful	$\square$ Self-confident $\square$ Sad $\square$ Friendly $\square$ Irres			
21. When you were	e a child, with whom would you	confide?		
☐ Mother ☐ Father ☐ Sibling(s) ☐ Grandparent(s)	☐ Aunt(s)/Uncle(s) ☐ Stepparent ☐ Primary Caretaker(s) ☐ Cousin(s)	<ul> <li>□ Counselor(s)/Teacher(s)</li> <li>□ Psychiatrist(s)/Psychologist(s)/Social Worker(s)</li> <li>□ Clergy</li> <li>□ Friends</li> <li>□ Others:</li> </ul>		
22. When you wen	22. When you were a child or adolescent, did you require counseling or psychiatric care?			
	Yes	equite counseling of psychiatric care:		
Are there issues, traumatic incidents or accidents from your childhood that currently cause you distress?				
│	☐ Yes			

24. Check the boxes that best describe your early dating experiences:				
☐ Didn't date ☐ Fun ☐ Unremarkable ☐ Chaperoned	☐ Traumatic ☐ Too much too soon ☐ Dull ☐ In groups	☐ Extensive ☐ Unusual ☐ Pressured ☐ Friendly	☐ Frightening ☐ Exciting ☐ Limited ☐ Other:	
25. Check the boxes t	hat best describe your early se	avual ovnorionese		
☐ Limited ☐ Traumatic ☐ Awkward ☐ Exciting	Unremarkable Unusual Romantic Regretful	☐ Frightening ☐ Confusing ☐ Shameful ☐ Amusing	☐ Pleasurable ☐ Abusive ☐ Pressured ☐ Other:	
26. If you were marr	ied previously, how did your n	narriage(s) end?		
☐ Not applicable ☐ Death of spouse(s)	☐ Divorce ☐ Annulment			
	ously in a domestic partnershi	p(s), how did your partners	hip(s) end?	
· _	ip without legal agreement(s) ip with legal agreement(s)			
	gh a divorce or terminated a d experience was like for you:	lomestic partnership, check	the boxes that best	
□ Not applicable       □ Painful       □ Crazy       □ A relief         □ Easy       □ Unfair       □ Frustrating       □ Long and drawn out         □ Expensive       □ Bitter       □ Fair       □ Depressing         □ Frightening       □ Amicable       □ Devastating       □ Other:				
Have you ever been in a custody dispute?  No Yes				
How long did you know your current spouse/partner before you were married or established a domestic partner relationship?				
<ul> <li>□ Not Applicable</li> <li>□ 1 to 2 years</li> <li>□ Less than 6 months</li> <li>□ 3 to 4 years</li> <li>□ 13 or more years</li> <li>□ Less than a year</li> <li>□ 5 to 7 years</li> </ul>				

31. Check the boxes that best describe the characteristics of your current spouse/partner:			
☐ Not applicable ☐ Religious ☐ Uncaring ☐ Appreciative ☐ Affectionate ☐ Compassionate ☐ Dogmatic ☐ Introvert ☐ Emotional ☐ Friendly ☐ Rigid ☐ Self-centered ☐ Gentle ☐ Good listener	□ Playful   □ Distant   □ Thoughtful   □ Athletic   □ Workaholic   □ Prejudiced   □ Careful   □ Outgoing   □ Quick tempered   □ Worrier   □ Domineering   □ Supportive   □ Predictable   □ Considerate	Unhappy Argumentative Competitive Sarcastic Faultfinding Flexible Abusive Moody Stubborn Depressed Tolerant Communicative Clear thinking Anxious	☐ Smart ☐ Social ☐ Happy ☐ Unforgiving ☐ Understanding ☐ Honest ☐ Romantic ☐ Generous ☐ Dependable ☐ Impulsive ☐ Good sense of humor ☐ Kind ☐ Energetic ☐ Other
Check the boxes the relationship:  Roles you play in relation	at best describe the various role	es you and your spouse/pa Roles spouse/partner pla	
Not applicable Head of household Leader Emotional one Social planner Initiator Peacemaker Comforter Risk taker Money manager Other:	<ul> <li>□ Wage earner</li> <li>□ Decision maker</li> <li>□ Rational one</li> <li>□ Organizer</li> <li>□ Compromiser</li> <li>□ Caregiver</li> <li>□ Follower</li> <li>□ Negotiator</li> <li>□ Manager</li> <li>□ Homemaker</li> </ul>	Not Applicable Head of household Leader Emotional one Social planner Initiator Peacemaker Comforter Risk taker Money manager Other:	☐ Wage earner ☐ Decision maker ☐ Rational one ☐ Organizer ☐ Compromiser ☐ Caregiver ☐ Follower ☐ Negotiator ☐ Manager ☐ Homemaker
How often do you a  ☐ Not applicable ☐ Never ☐ Rarely	and spouse/partner argue?  ☐ Once or twice a year ☐ Once or twice a month ☐ Once or twice a week	<ul><li>☐ Almost daily</li><li>☐ Once a day</li><li>☐ Several times a day</li></ul>	
34. Check the boxes the	at best describe the major areas	s of conflict between you a	nd your spouse/partner?
☐ Not applicable ☐ Discipline of children ☐ Religion ☐ Alcohol/Drugs ☐ Emotional closeness ☐ Family involvement	<ul> <li>☐ Personal habits</li> <li>☐ Household chores</li> <li>☐ Work</li> <li>☐ Infidelity</li> <li>☐ Emotional separateness</li> <li>☐ Money</li> </ul>	☐ Sexual relations ☐ Politics ☐ Values ☐ Separate activities ☐ Time apart ☐ Travel	<ul> <li>☐ Personal expectations</li> <li>☐ Friends</li> <li>☐ Leisure time</li> <li>☐ Shared activities</li> <li>☐ Time together</li> <li>☐ Other:</li> </ul>

Check the boxes that best describe the way you typically react when you have a major disagreement			
with your spouse/partner:  Not applicable Reach agreement through mutual give and take Take time to think things over before discussing Give in and attempt to smooth things over Seek outside help such as a counselor/clergy person Sometimes pound or break things Change the topic  Agree to disagree Sometimes yell and shout Leave the house to cool off Become silent Try to outwit spouse/partner Things get physical (pushing, shoving, Other:			
36. How sexually compatible are you and your spouse	e/partner?		
☐ Not applicable ☐ Compatible ☐ Somewhat compatible	<ul><li>☐ Not very compatible</li><li>☐ Incompatible</li></ul>		
37. Have you and your spouse/partner ever gone throu relationship?	ugh a difficult period that threatened your		
☐ No ☐ Yes ☐ Not applicable			
	_		
38. Have you and your spouse/partner ever separated	?		
☐ No ☐ Yes ☐ Not applicable			
39. Check the boxes that best describe your current re	lationship with your mother and father:		
Mother or Primary Caretaker	Father or Primary Caretaker		
□ Mother deceased       □ Dependent         □ No contact       □ Loving         □ Strained       □ Very close         □ Distant       □ Comfortable         □ Caring       □ Over involved         □ Emotionally intense       □ Not involved enough         □ Flexible       □ On again, off again         □ Hostile       □ Problematic         □ Understanding       □ Enjoyable         □ Argumentative       □ Improving         □ Manipulative       □ Gratifying         □ Positive       □ I am caretaker for         □ Supportive       □ Other:	□ Father deceased       □ Dependent         □ No contact       □ Loving         □ Strained       □ Very close         □ Distant       □ Comfortable         □ Caring       □ Over involved         □ Emotionally intense       □ Not involved enough         □ Flexible       □ On again, off again         □ Hostile       □ Problematic         □ Understanding       □ Enjoyable         □ Argumentative       □ Improving         □ Manipulative       □ Gratifying         □ Positive       □ I am caretaker for         □ Supportive       □ Other:		

40. How helpful and supportive do you feel members as a parent?	of your extended family are/will be to you
Your side of the family	Spouse/Partner's side of the family
<ul> <li>Not applicable</li> <li>All family members are helpful and supportive</li> <li>Most family members are helpful and supportive</li> <li>About half are helpful and supportive</li> <li>Few are helpful and supportive</li> <li>No family members are helpful and supportive</li> </ul>	<ul> <li>□ Not applicable</li> <li>□ All family members are helpful and supportive</li> <li>□ Most family members are helpful and supportive</li> <li>□ About half are helpful and supportive</li> <li>□ Few are helpful and supportive</li> <li>□ No family members are helpful and supportive</li> </ul>
In some families, different viewpoints concerning socio/economic status, sexual orientation, politics degree is that the case in your family?	such things as life-styles, personal values, religion, , etc., interfere with family relationships. To what
☐ Issues such as these do not interfere with relationship☐ Issues such as these seldom interfere with relationshi☐ Occasionally issues such as these interfere with relation☐ Frequently issues such as these interfere with relation☐	ps within my family conships within my family
42. How comfortable are members of your extended fa	amily when it comes to being around and relating
to children?	amily whom it comes to some around and rotating
Your side of the family Spouse	e/Partner's side of the family
☐ All family members are comfortable       ☐ All f         ☐ Most family members are comfortable       ☐ Most         ☐ About half are comfortable       ☐ About         ☐ Few are comfortable       ☐ Few	applicable Camily members are comfortable It family members are comfortable It half are comfortable It are comfortable It half are comfortable It are comfortable It are comfortable It are comfortable It are comfortable
43. List your siblings according to how close or distant	at your relationship is with thom:
☐ I don't have any brothers or sisters ☐ I am very close to: ☐ I am somewhat close to: ☐ I am distant from: ☐ I am in conflict with:	
How many members of your immediate and extensions account an unrelated shild into the family?	ded family are ready, willing and able to fully
accept an unrelated child into the family?  All family members are ready, willing and able to ful Most family members are ready, willing and able to fully accept About half are ready, willing and able to fully accept Few are ready, willing and able to fully accept No family member is ready, willing and able to fully	ully accept

45. How many people in you you support as a parent?	_	nily, are ready, willing and able to provide		
<ul> <li>□ There are numerous people who are ready, willing and able to be supportive</li> <li>□ There are several people who are ready, willing and able to be supportive</li> <li>□ There are a few select people who are ready, willing and able to be supportive</li> <li>□ There is one person who is ready, willing and able to be supportive</li> <li>□ There is nobody who is ready, willing and able to be supportive</li> </ul>				
46. How many people in you	ır life cause you serious o	conflict and stress?		
<ul> <li>☐ There are numerous people who cause me serious conflict and stress</li> <li>☐ There are several people who cause me serious conflict and stress</li> <li>☐ There are a few select people who cause me serious conflict and stress</li> <li>☐ There is one person who causes me serious conflict and stress</li> <li>☐ There is nobody who causes me serious conflict and stress</li> </ul>				
47. Check the boxes that bes	t describe your communi	ty involvement:		
<ul> <li>☐ Have no friends that I socialize with</li> <li>☐ Have a few friends that I socialize with</li> <li>☐ Have many friends that I socialize with</li> <li>☐ Regular involvement in social organizations</li> <li>☐ Occasional involvement in social organizations</li> <li>☐ Rarely get involved in social organizations</li> <li>☐ No involvement in community organizations</li> <li>☐ Occasional involvement in community organizations</li> <li>☐ Other:</li> </ul>				
48. If you are employed outs	side of the home, how ma	ny hours per week do you work?		
☐ Not applicable ☐ Less than 20 hours	☐ 20 - 30 hours ☐ 31 - 40 hours	☐ 41- 50 hours ☐ More than 50 hours		
49. If you are employed outs	side of the home, how lon	g have you worked at your current job?		
☐ Not applicable	years and			
50. Whether you work inside	e or outside the home, do	vou eniov vour work?		
☐ No ☐ Some of the time	☐ Most of the time ☐ All of the time			
51. Have you ever been fired	?			
□ No □ Yes				

<b>52.</b> Do you plan any career or job ch	anges in the near future?	
□ No □ Yes		
53. How do/will you discipline a chi	ld in your care?	
☐ Spanking ☐ Lecturing ☐ Rational discussion ☐ Consistently use reasonable conseque ☐ Ignore the child's misbehavior ☐ Discipline according to how I feel at a consequence of the conse	Use "time outs" Raise my voice Have my spous Tell child they the time Tell child he/sh	se/partner handle the discipline are grounded ne should be ashamed shment in the future angry he/she makes me
54. What is the overall condition of	your health?	
$\square$ Excellent $\square$ Good $\square$ Fair	Poor	
55. Have you ever been hospitalized	or had surgery?	
□ No □ Yes		
56. Are you currently taking any me	edication(s)?	
57. Have you or any of the family me Indicate which family member by of the condition:  1 = SELF 2 = PARENT(S)	·	e the appropriate number in front
Diabetes High blood pressure Ulcers Hearing loss Kidney disease Heart condition Thyroid condition Drug addiction Depression Attention deficit disorder Developmental disability	ArthritisCancerColitisImpaired sightInsomniaHigh cholesterolIntellectual disabilityEating disorderBipolar IllnessInfertility/SterilityOther condition(s) not lister	Seizures Frequent headaches Asthma Allergies Sickle cell anemia Tuberculosis Alcoholism Anxiety/Panic attacks Schizophrenia Sexually transmitted disease
I affirm that the information given in this qu Signature	estionnaire is correct to the best	of my ability Date